

What we know works for parents

What we looked for

We looked for good examples of how services work together.

We did this by checking what people around the world have said.

This is called an evidence review

We talked about what we found out at the Expert Advisory Group meetings

What we found out

Services can work better together when they:

- Offer help as soon as a woman with intellectual disability has a baby
- Talk to each other often
- Listen to what parents say their family needs most
- Train workers to communicate with people with intellectual disability
- Give parents help for a longer time

What services should do more

- Ask clients if they have a disability
- Ask clients if they are parents
- Talk with other services who are helping the same family

What good workers do

Workers explain what they will do to help. Good communication means:

- Use clear and simple words
- Check that the parent understands what they said
- Give parents a chance to ask questions
- Ask a parent how they learn
- Help parents do it for themselves
- Make sure it happens every time