

What support parents said works

Where we got the information from parents

The researchers from the University of Sydney did a study

- It was about parents with intellectual disability and child protection
- It was called the Bumpy Road and you can find out more by clicking [here](#)

What the Bumpy Road asked parents about

- Child protection workers
- Services to help with parenting
- Help from family and friends

What parents said made it hard to get the right support

- Workers **did not ask** what was going on in a parent's life
- Workers **did not check** if a parent got help from family and friends
- Workers **did not teach** parents the skills they needed
- Workers **did not ask** about the best way for a parent to learn

What parents said workers should and should not do

- **Do** listen to what parents are saying
- **Do** help parents find the right support for them
- **Do** teach parents practical parenting skills and show them
- **Do** give information that is clear and easy to understand
- **Do not** take over being the parent of their children